The Lost Art of Reading Nature’s Signs: Use Outdoor Clues to Find Your Way, Predict the Weather, Locate Water, Track Animals—and Other Forgotten Skills by Tristan Gooley

To help you understand nature as he does, Gooley shares more than 850 tips for forecasting, tracking, and more, gathered from decades spent walking the landscape around his home and around the world. Whether you’re walking in the country or city, along a coastline, or by night, this is the ultimate resource on what the land, sun, moon, stars, plants, animals, and clouds can reveal—if you only know how to look!


About the Author: Tristan Gooley is a writer and natural navigator. His passion for the subject of natural navigation stems from his hands-on experience. He has led expeditions in five continents, climbed mountains in Europe, Africa and Asia, sailed small boats across oceans and piloted small aircraft to Africa and the Arctic. He is the only living person to have both flown solo and sailed singlehandedly across the Atlantic, and he is a Fellow of the Royal Institute of Navigation and the Royal Geographical Society. He and his school can be found online at www.naturalnavigator.com.

Questions for Discussion

1. What did you know about “nature’s signs” prior to reading this book? Has reading this book inspired you to do further research on the subject?

2. What did you find to be the most interesting events in this book? What, if anything, surprised you?

3. What did you think of the structure and style of writing?

4. Were there any particular quotes that stood out to you? Why?

5. Did you find the writer’s voice appealing or unappealing?

6. Which aspects of the writer’s character do you identify with most and least? How does your reaction to the writer affect your experience of the book?

7. What is original about this book? How does it distinguish itself from other books you have read on a similar subject?

8. Were you able to learn something from reading the book? If so, what? If not, why did the book fail as a teaching tool?