Tribe: On Homecoming and Belonging by Sebastian Junger

Uses history, psychology, and anthropology to explore what can be learned from tribal societies about loyalty, belonging, and the human quest for meaning.


About the Author: Sebastian Junger was born in 1962 in Massachusetts. He received his BA degree from Wesleyan University in Cultural Anthropology in 1984. He is a freelance journalist who writes for numerous magazines, including Outside, American Heritage, Men's Journal, and the New York Times Magazine. His first book, The Perfect Storm (1997) is a carefully researched account of the wreck of the swordfishing boat Andrea Gail. The wreck took place during what one meteorologist called a "perfect storm"--a storm with the worst possible conditions. He wrote several books such as War which is about his time spent with a U.S. Army platoon in Afghanistan. Junger's book, Tribe, made the New York Times Bestseller list in 2016. (Bowker Author Biography)

Questions for Discussion

1. What is significant about the title?
2. What did you think of the structure and style of Junger’s writing?
3. The way a non-fiction book is written can impact a reader's enjoyment and understanding of it. Was this book written in a way that was easily accessible?
4. Do we focus too much on being an individual? Why do we feel the need to be distinctive from our community?
5. What can we do as a society to improve how we reintegrate military personnel back in to everyday community?
6. Does Junger’s arguments make sense in today’s modern technological world?
7. How else could the ideas presented by Junger be applied to our society?
8. Is the feeling of being a necessary part of a community worth sacrificing a safer existence? Would you make that sacrifice?
9. What did you find to be the most interesting events in the book? What, if anything, surprised you?
10. What are the implications for the future? Are there long- or short-term consequences to the issues raised in the book?
11. What did you learn from, take away from, or get out of this book?
12. What would you risk dying for – and for whom?

13. “Human beings need three basic things in order to be content: they need to feel competent at what they do; they need to feel authentic in their lives; and they need to feel connected to others. These values are considered “intrinsic” to human happiness and far outweigh “extrinsic” values such as beauty, money and status.” What do you do that fulfills your basic needs of contentment?

(Questions provided by Everyday Scribe)